



Swimming Pool fundraising for new heating system

The committee are also in the final stages of plans for a new Heating System which is planned to be up and running for the new season.

Many funding applications are being completed to pay for the purchase and installation of Heat Pumps to efficiently heat the pool.

The committee are currently selling wraps and toilet paper to raise funds and have three quiz nights planned as well.

They would appreciate the support of members of the community for both these fundraising initiatives to ensure we have adequate funds for this new Heating System.

Planting project enriching CSC campus



Teacher Annie Keown is delighted with early results of college and community efforts.

Over the past few years Central Southland College has been focusing on increasing the numbers of native trees planted around the campus. We have a new tree lane between the rugby grounds and athletics track and have planted approx 800 trees along the Winton Walking Track.

Our next step is to start planting the paddock on the opposite side of the walking track. There is approximately 1 hectare here, requiring 4000 trees.

The vision is to create an outdoor class room and a walking track. The walking track has been set out and the whole area sprayed.

A huge thank you to the team at Heli Ops for donating this to CSC. Plans are underway to gravel the walking track with the very generous support from McGregor Concrete who are also donating this service to CSC. We will be receiving 800 trees from the charity Trees that Count early in the spring and we are in the process applying for more trees from this organisation. Our school wide paper recycling programme has earned us a further 65 trees this year, showing that every little bit counts! The students have been eco-sourcing seeds and seedlings from around the school to help boost our plantings. We are also collecting the wool wraps that come in My Food Bag packs and will be seeking spare woolly dags from sheep farmers to place around the base of the trees as we plant them.

"This is an exciting project and one that our students will be able to enjoy for their life times."







New track on Winton's doorstep







The Makarewa Falls track, near Hokonui, are open to the public filfully a 20-30 year dream of farmer, Lindsay Middleton.

Lindsay and fellow Winton Rotarians, have put in a massive 600+ hours to get the track ready for opening. They believe it is a great example of how voluntary groups can get things done if they are just left to do it. The bush, bird life and falls are a huge asset to our locals and tourists who will come and walk this track. A level of fitness is required for the technical 6 hour, 15km, 500m altitude hike. If you're hardy and keen for a big adventure the falls are outstanding at this time of year. The track is muddy in places so caution is required or wait until the Summer for a more leisurely adventure. Whenever you choose to go, be prepared with food, water, good footwear and appropriate clothing to enjoy this stunning track.

Dear Winton people

With the days getting darker, it becomes it bit more difficult locating properties when the property numbers are difficult to read, obscured or even nonexistent.

Please check that your numbers are easy to read from the roadside. It will be a great help.

On that note, can we access your driveway? We all love trees and shrubs, but not when it stops us from entering your driveway. What works for your car, does not work for our ambulances.

 $Thank\ you$ for that.

- The Team at Winton St John





Kids name SARGE is the name for the new Hospice shop security dog, after a competition for the kids was run last month, featuring in Hospice the Winton Outlook. Sarge, of Malamute breed, can now look himself in the mirror with confidence, as he has been vet security dog checked by Sarah from Vet South . He is now vaccinated with his own vaccination book.





Central Southland Plunket Events

WED, JUNE 2 at 10:30AM First foods session

why, when, what and how?

WED, JUNE 9 at 10:30AM First aid information session for infants

WED, JUNE 9 at 1:30PM Well child clinic - for babies age 4-7 mths

WED, JUNE 16 at 10:30AM Wriggle & rhyme taster - active movement

WED, JUNE 23 at 10:30AM

Early years last forever/parenting info session WED, JUNE 30 at 10:30AM

Oral health for babies

For more information facebook.com /CentralSouthlandPlunket/events





Fundraising CORNER

Central Southland Community Swimming Pool Inc

Catering Foil, 300mm x 600m \$22 Catering Film 330mm x 600m \$35 Baking Paper 300mm x 100m \$30 Toilet Paper Premium 2 ply, 48 rolls, \$50. Packed individually

Orders and money due by 18 June

Phone Maria 027 229 2891 or Kate 027 246 7052 Or email wintonpool@gmail.co.nz to order or receive a form.





CSC Rides for Rescue Helicopters



helmet, riding for fundraiser from Queenstown to Invercargill.

On Friday May 7th, 90 cyclists biked from Queenstown to Invercargill on the annual Westpac

Chopper Ride to raise money for the Lakes District Air Rescue Trust, which operates rescue helicopters for our area.

This service is essential for rural areas, as it greatly reduces the time it takes to get people the level of medical care they need. The riders set off before 6am and made it to the Invercargill Westpac at 5pm, having cycled 240km.

This year was the 10th anniversary of this annual fundraising event, with one rider (Phil Taylor) riding in all ten events. We were joined by Sir John Kirwan and 3 members of the Black Spokes professional cycling team.

This meant everyone got to ride with world champions, a Junior Olympic champion, a Tour of Southland winner and a rugby legend.

Central Southland College Deputy Principal Brendon Wallace completed the event for the 4th time.

CSC held a Mufti Day on the day to raise money for the cause, with \$1130 collected. It will take a few weeks to find out the final amount raised by the event, but it is hoped that the final amount will be around (or above) the \$100,000 mark.

This money goes to the aspects of the rescue service that are not funded by the government such as paramedics, equipment purchase and certification and logistic costs.



Chris Summers, Dale Booth, Kelly Watt and Lisa Hay

Great South speak to Winton Business Association

The Winton Business Ass welcomed Great South to a lunch time meeting on Tuesday, 25 May.

Kelly Watt and Dale Booth presented on Business Services, Funding and Mentoring programmes on offer from Great South.

A free initial consultation of one hour is provided and from there a decision can be made about what is right for your business.

If you are interested to learn more, get in touch with Kelly or Dale at business@greatsouth.nz.



Bread tags for Wheelchairs Update

We continue to get a great response from the community bringing in their bread tags to be recycled. These can be left at the Presbyterian Church in Winton. Every little bit counts! As you can see from the photo when everyone adds in their little bit it soon adds up to a lot! The bags in the photo are A4 size.

We have an amazing lady Pene who pops in and colour sorts these before they are sent away. The lastest bundle was delivered to the South Island hub on Saturday 29th May. Thank you to everyone who contributes to this great cause.





LIKE TO PLAY EUCHRE? Tuesday afternoons from 1.30pm Senior Citizens rooms on John Street. For more information contact Noelene Ph 236-9550



PRESBYTERIAN CHURCH COMPLEX MELDRUM STREET, WINTON

Shout Out CORNER

Winton Volunteer Fire Brigade

Stu Hill was the fastest Southland firefighter and 18th overall in the country for the national Fundraiser for Leukaemia and Blood Cancer New Zealand (LBC) at the Sky Tower Stair Challenge in Auckland on 22 May. In just 12 mins and 06 sec, and 1103 steps in full kit, Stu and the Winton team raised \$3,983 way beyond their \$1,500 goal.

Graham Beggs, who left the WVFB last year after 33 years of valued service, for admirably presenting 30 new helmet torches proudly donated by the association with FIL.

During April the volunteers attended to 10 call-outs







A COMMUNITY EVENT Aquavan - the aim of the project is to create awareness and understanding of the connectivity between river health and the coastal environment, in a dynmic hands-on way.

MINTO

The Aquavan is heading to Winton bringing live marine critters and touch pools to schools and communities in the Central Southland area. Grab the family, come along and have some fun at our community event!

Wednesday 23 June Winton Salvation Army Room, 7 Dejoux Road, Winton 6.00pm - 8.00pm

Free to attend, and all welcome! Your local Catchment Groups will also be there if you want to learn more about who they are and what they do!

Newsletter connecting

WINTON BUSINESS ASSOCIATION are excited to have a newsletter again circulating with news from Winton and districts, with information of upcoming events and contacts.

Maria Scammell and Christine Summers from csdesignz have come together to put this much needed communication together and the 'Winton Outlook' newsletter is looking great.

community and businesses

Notices that have been emailed to winton.nz@outlook.com. and articles of interest are very welcome. This is skilfully turned into a great read and can be received by email at the start of each month.

To keep this viable with printing costs - PLEASE register to receive it in your emails at www.winton.co.nz/subscribe.

The Business Association thinks this is a valuable asset with which to connect the community and businesses.

MEETINGS

Winton Business Association

Next Committee meeting is next Tuesday 1st June 5.30 pm Dining Room Main Bar Top Pub. All Welcome.

Walking Group

If you are interested in joining us for a walk, we meet every 2nd Thurs. For particulars phone Helen 236-8698

Winton Garden Club

Monthly Meeting on Tuesday 8th June at 7:30pm. Anglican Hall, Meldrum St. New members welcome. Contact Marilyn 2368990

Otautau Patchwork Group

meet every Tuesday, 9.30am at the Otautau Bowling Club, Rye Sreet, Otautau. Anyone interested in patchwork/quilting will be made very welcome. Bring your own lunch and spend the day with like-minded women indulging in your passion. Enquiries: Joyce 021 0225-1623.

Volunteers Wanted



Would you like to support your community?
Volunteer at your local Family Store and help at the heart of your community.

We value you generously volunteering your time. You'll join a great team, gain retail experience, and be involved in your community. Training provided. Abilty to gain Service Q NZQA Level 3 Retail qualification.

Please enquire in store (198 Great North Rd), on our Facebook page, or call 03 236 8593.





LIKE TO PLAY '500'?

Friday afternoons from 1.30 pm Senior Citizens rooms on John Street.

> For more info contact Heather Ph 027 926 9680

Limehills Indoor Bowling Club

Anyone who would like to play indoor bowls come along to the

Memorial hall, Winton Tuesday nights at 7.30pm.

We are a friendly club with coaching available. We look forward to inviting new members to come and have a try at something different during the winter months.

Contact number is Mary for more information Ph 0276691431





Central Southlanders Senior Citizens

Chairperson Report - Annual General Meeting - April 23, 2021

The past year has been a difficult one for us all, including our club, both financially and socially. The Covid 19 pandemic caused us to shut down the rooms and isolate ourselves in order to keep ourselves healthy and safe. This unfortunately had a profound effect on the workings of our group. We also acknowledge our members who have passed on or moved into rest homes or care during the past year. We are continually working to make ends meet and provide the members with social activities to keep our bodies and minds active. To achieve our goals, we need the continued support of our members and any new ideas would be most welcome.

We encourage all our members to bring along someone who has not been to our rooms before as more members are always needed to keep our group going. Our rooms are warm and well utilized and we need to keep it that way. We are starting to rent them out occasionally which is providing us with a small amount of muchneeded income.

During the year we have had a few maintenance jobs completed, those being two windows replaced with aluminium ones and the kitchen and entrance have been freshly updated.

Two activities that were introduced last year have been put aside due to lack of interest; those being Cribbage and Scrabble. We would love to see more members getting involved in all our activities. A bus trip to Lumsden was an enjoyable day out; those who attended enjoyed lunch at the Lumsden Hotel and played Housie with the members at the Lumsden Senior Citizens who also put on a beautiful afternoon tea for us before a leisurely trip back to Winton on the back roads.

The Soup and Chat luncheons were also well attended last Winter although were cut short due to the Covid lockdown.

These will take place again this year so keep an eye on the newsletter for more details. A Mid-Winter meal also took place at the middle hotel.

A big thanks must go to those members who put their hands up to do the mundane tasks that keep the wheels turning each day: Bernie Forde for running the bowls and for often coming down early and turning the heating on amongst other things;

Mary Hishon for taking on the often-thankless task of secretary and running around looking into things that require administration attention;

Val Skinner for keeping the gardens tidy and attending to the sandwich roster to ensure everyone gets a snack when required; Heather Burgess and Jim Pratt who have hunted down entertainers to engage us on Concert days;

Heather Burgess and Noelene Lightfoot for running the Euchre and '500; All the committee members who carried a shared responsibility this year in keeping our meetings running as smoothly as possible in difficult times. Without everyone's input we would not have a club to call our own.

Onwards and upwards and wishing everyone good health for 2021.



Jubilee Budget will be at the Senior Citizens rooms on John Street (next to the Netball Centre) on Wednesday 9th June from 11am till noon

I have been approached many times recently with concerns, about how the elderly members of our community are going to manage without cheques or the ability to get to the bank now that they have closed or, are about to close. Having had conversations with more than one group or service I have asked Jubilee Budgeting Service to come and talk about how we can safely manage the changes that have been enforced upon us, without feeling the need to have cash in the house. So, if you are concerned about how you, or someone you care about is going to manage without cheques or the thought of internet banking is overwhelming for you/them then come along and listen to the friendly and approachable team from Jubilee.

I encourage any family members to come along with their elderly parents so that you are able to help guide them through the changes. Alternatively, for those who may be totally at a loss, Jubilee may be able to help you moving forward. Also, remember that Let's Link have a volunteer transport service that you are able to make use of to get a ride into Invercargill to take care of any banking needs that you may have.

Jubilee Budgeting are having an

"Open Day"

here in Winton on Friday 25th June.

They will have a BBQ set up outside of REAP from 11am-2pm

Pop on in and talk to one of their friendly staff and learn about the variety of ways they can help you and at the same time go into the draw to win one of two New World vouchers. As a follow on from this Jubilee will have an advisor in Winton on a weekly basis and they will also be running their popular 'Money Mates' programme.



jubilee |

Contact Louise at Winton Community Support for more information Ph 236-9934



Marshalls Creek Stream Monitoring

Wednesday 16th June 4-6pm at Marshalls creek opposite New World. All welcome! Come along and join the Mid Oreti Catchment Group to gather some stream and water quality data. BBQ to follow.

More info on the Mid Oreti Catchment Group Facebook page. Please RSVP there so we can make sure we have enough food! If this is postponed due to

weather conditions we will let you

know on our Facebook Page.





June 2021 <u>www.winton.co.nz</u>

Essential Contact Numbers

WINTON COMMUNITY SUPPORT WORKER

Louise 236-9934 or wcsw@xtra.co.nz

HEALTH SHUTTLE

for MEDICAL appointments in Winton and Invercargill Phone 0800 103-046. (Operates by donation). A shuttle to Dunedin is also available leaving & returning daily from Invercargill.

LET'S LINK TRANSPORT SERVICE

Ken Galt 027 454-9119 or Louise 236-9934

LET'S LINK ODD JOB SERVICE

Phone Louise 236-9934.

FREE SMOKE ALARM CHECKS

Checks/updates/batteries changed by a Volunteer Fireman. Phone Louise to book 236-9934

HELPING HANDS

Lawn, garden and pet care for those suffering short term medical issues. Phone Robyn Bye 0274 182-053.

WINTON LIBRARY

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WINTON MEDICAL CENTRE

236-7444 or Urgent Doctor Service Invercargill 03 218-8821

WINTON PHARMACY

236-7729

WINTON TRANSFER STATION

Florence Road Mondays & Wednesdays 2pm-5.30pm Fridays 12-5.30pm Saturdays 1-5pm Sundays 2-5pm

LET'S LINK FOOD BANK

Ken Galt 027 454-9119 Louise 236-9934 Andy or Lexee 027 540-1160

LOSS & GRIEF SERVICE

Appointments at Reap, Fridays 10am - 2pm Phone 0274 438-788

Church Services

Anglican Church Services

Weekly 10am Sundays. All welcome Cnr Meldrum St & Great North Rd

Winton Christian Centre

Weekly 10am Sundays RSA Hall, Great North Road.

Catholic Church

Mass Sundays 10.30am Priest Rev Hamesh Wyatt Great North Road, Winton Contact 236-9084

Salvation Army

Sundays 11.00am
Friday night youth group
7 Dejoux Rd, Winton
Dipton Church James St, Dipton
Postal Address P.O Box 5, Winton
Baby change facilities available.

<u>Presbyterian Church Winton</u> Sunday Services

10am Traditional Service

Thrive Café Church, 1st Sunday of each month, 7pm

Dipton Church Service, every 2nd and 4th Sunday, 5.30pm

Weekly Casual Thursday Lunch Noon for anyone in the

community.

<u>Monthly lunch</u> for the elderly who live alone Second Thursday of each month.

Coffee Club

1st and 3rd Wednesday each month, 10am. All ages.

Any queries please phone the

office 236-9792
Tues to Fri 9am-2pm
Winton Church 11 Meldrum St,
Winton





Are you struggling with Stress or feeling overwhelmed in your life?

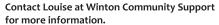
Breathing Coach Emma Ferris is in Winton Thursday 3rd June, 7pm in the new Break Out area at

St Thomas Aquinas School, (enter off Great North Road).
Emma advocates that although everybody breathes, not everyone breathes well. Life's big stressful moments need some bigger and better tools to help people deal with them.

bigger and better tools to help people deal with them. Emma says "nobody is immune to stress and we all can learn safe effective ways to help calm our body, emotions and quieten our mind". Emma will share her wisdom and tools at an evening presentation that can be used to help calm the body and nervous system when you get stressed and overwhelmed. A great tool for children who may be feeling heightened anxiety due to the Covid situation (this is something that has been noted by many schools).

The Breath Effect is about resetting your body's reaction which is done by breathing techniques, movements and postures. Stress affects the body and contributes to anxiety, depression, poor sleep, gut health, increased blood pressure, headaches, back and neck pain. Habits of a lifetime can be reset, and along with it your body's reaction to stress.

Come along to Emma's presentation and learn how to equip yourself and your loved ones with the means to breathe a little slower and bring back the calm to your life. College students are also most welcome to attend.





WINTON VICKERY DAY CENTRE

(For our senior citizens)

WHE

MONDAY&TUESDAY 10am-3pm

WHERE

384 Great North Rd

Transport arranged Meal provided Activities & Company

FOR INFORMATION

Phone Glenda 2360034 on a Monday or Tuesday



Loss and Grief Centre Rural Support

MONTHLY VISITS

We offer specific loss and grief support for people experiencing any form of grief, including grief from; bereavement, separation, illness, isolation and other life changes.

To book an appointment please contact our team

027 443-8788
lossandgriefcentre@gmail.com
www.lossandgriefcentre.com



Next edition of the Winton Newsletter will be 1st July 2021. Closing deadline for articles is 5pm, Friday 25th June 2021
Information can be emailed to winton.nz@outlook.com



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